

# BERNARDO PINES HOMEOWNERS ASSOCIATION

S E P T E M B E R / O C T O B E R 2 0 0 9

## Contact Information

*Community Manager*  
**Rachel Pinney**  
(858) 657-2169

*Maintenance Coordinator*  
**Anastasia Lujan**  
(858) 657-2167

*Clubhouse Reservations*  
**Anastasia Lujan**  
(858) 657-2167

*Assessment Questions*  
(800) 428-5588

*MERIT Property Management, Inc.*  
6256 Greenwich Drive, Suite 130  
San Diego, CA 92122  
Fax: (858) 535-3838  
www.meritpm.com

*Rodgers Police Patrol*  
24-hour (800) 752-8060

## BOARD OF DIRECTORS

Jason Todd, *President*  
Michael Thorpe, *Treasurer*  
Barbara Schiller, *Secretary*

## Feng Shui

What is Feng Shui? The 4,000-year-old Chinese science is based on time-tested principles of how we perceive and respond to our environment. Feng Shui helps identify positive and negative influences in your space—home, office, landscape—and offers suggestions on ways to correct the negative environmental influences as well as enhance the flow of positive energy, or “chi,” to support success and well-being.

### BENEFITS OF FENG SHUI

- ❖ Harmony in relationships with family and friends.
- ❖ Abundance of good fortune and prosperity in your life.
- ❖ Efficiency and productivity in the things you do.
- ❖ Clarity in your life to be creative with a new sense of energy and inspiration.

### FENG SHUI TIPS

- ❖ Fresh positive chi flows smoothly throughout clean, open, clutter-free spaces.
- ❖ Round-edge furniture is preferred over sharp-edged furniture that could cause injury. A living room with sofa and chairs seated around a round coffee table will allow the conversation to flow freely.
- ❖ The doorway to and from the kitchen should be kept clean and clear. Cover your waste containers and keep them under the sink or in a closet.
- ❖ The bedroom is where you rest and reenergize. Your bed should be raised off the floor with free open space underneath the bed allowing air to circulate.
- ❖ Your home is your sanctuary. It is where you can express your personality. Be sure to have one special place that is you. Be creative and express what makes you truly comfortable and happy. In doing so, your home will become the positive loving home of your dreams.

*This article was submitted by Donna Thompson at Spa Gregorie's. Visit [www.SpaGregories.com](http://www.SpaGregories.com).*

## NEXT BOARD MEETINGS

The September meeting is scheduled for Monday, September 14, at 6:00 p.m. and will be held in the Caminito Ronaldo Clubhouse.

The October meeting is scheduled for Monday, October 12, at 6:00 p.m. and will be held in the Caminito Ronaldo Clubhouse.

Refer to billing statements for changes/updates in time and/or location.

## Community Lighting

If you notice a light out or any other common area maintenance concern, notify Anastasia Lujan at (858) 657-2167 so a work order can be processed and the problem can be noted and replaced/ repaired as soon as possible.

## Clubhouse Reservations

If you are interested in reserving the clubhouse for a day, contact Anastasia Lujan at (858) 657-2167 or via email at alujan@meritpm.com to request forms and to reserve your date.

*The Board of Directors has asked that all reservations be made three weeks prior to the date of the event. The cost for a reservation is \$100, along with a \$100 reservation deposit.*

## Window Replacement

Are you thinking of replacing your current windows? The association has pre-approved window replacement through Construction Concepts. You can contact them at (760) 747-5477.

## Screen Doors

Looking to add a screen door? The association has also pre-approved a screen door through Torpin Screens. You can contact them at (760) 789-7611.

**If you plan to replace your windows or add a screen door that has not been pre-approved by the association, you must submit Architectural Plans for the Committee's approval before installation.**

## Traveling GREEN

Going GREEN on the road is easy! Here are five simple ways to drive GREEN—even without a hybrid car:

**Upgrade your motor oil.** Some of the newer high-performance motor oils can significantly reduce emissions. It also improves fuel economy by as much as 5% and produces notable horsepower and torque increases. Switch to an environmentally friendly product without giving up performance.

**Avoid topping off your gas tank.** This releases gas fumes into the air and cancels the benefits of the pump's anti-pollution devices. Capping your tank once the pump automatically shuts off is safer and reduces pollution.

**Keep the tires of your vehicle properly inflated.** The U.S. Energy Department reports that under-inflated tires can increase fuel consumption by up to 6%. Astonishingly, we could save up to two billion gallons of gas each year simply by properly inflating our tires.

**Regularly replace your air filter.** A clogged air filter can increase fuel consumption by as much as 10%. Air filters keep impurities from damaging the interior of the engine. Replacing dirty filters will save gas and protect your engine.

**Follow the maintenance recommendations in your owner's manual.** An out-of-tune engine can increase emissions and fuel consumption by as much as 15%. Always follow your car manufacturer's suggested tune-up schedule to ensure your vehicle is performing at its best.

*For more tips on going GREEN, visit your friends at Spa Gregorie's at [www.spagregories.com](http://www.spagregories.com).*

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