

# MONET AT OTAY RANCH HOMEOWNERS ASSOCIATION

M A Y / J U N E 2 0 0 9

## Contact Information

Your Board of Directors is always concerned about any nuisance that affects the members of the association. Such nuisances are usually addressed by the association's violation procedure. Occasionally, however, individual residents can obtain quick solutions to certain home annoyances by placing a telephone call. You may wish to try these numbers for the following types of nuisances:

### **BARKING DOGS, WILD OR UNATTENDED ANIMALS:**

City of Chula Vista Animal Control  
(619) 691-5123

### **LOUD PARTIES THAT EXTEND PAST REASONABLE HOURS OR AFTER-HOURS POOL USE:**

City of Chula Vista Police Dept.  
(619) 691-5151

### **OBSERVATION OF MICE OR RATS:**

San Diego County Vector Control  
(619) 694-2888

## NEXT BOARD MEETING

The next board meeting is scheduled for Wednesday, June 3\* at 5:30 p.m. in the Monet Model Homes.

*\*Please note that the meeting dates have changed to the first Wednesday of every even month.*

## 2009 Annual Meeting and Election

The Annual Meeting and Election is fast approaching—it is scheduled for Wednesday, June 3, at 5:30 p.m.

*Would you like a chance to win a \$100 gift card to a local merchant in your community?* If you answered “Yes,” then make sure to return your ballot before the close of the polls on Wednesday, June 3. If quorum is reached on the first attempt, a gift card will be raffled off at the Annual Meeting and Election. Please remember to turn in a completed ballot before the meeting so that you can be entered in the drawing.

## Ten Ways to Say “Thank You” to Mom

In a perfect world every day would be devoted to giving thanks to the important people in our lives, and Mother's Day is a perfect time to practice!

Spa Gregorie's compiled a list for all the sons and daughters who need a little refresher of the 10 best ways to say thanks on Mother's Day, and every day.

1. **KEEP IT SIMPLE** – Give thanks with flowers, mom's favorite tasty treats or a thoughtful card.
2. **PAMPER MOM** – Schedule an afternoon at the spa—with or without a friend or family member—or get her a gift certificate so she can indulge at her leisure.
3. **DO BRUNCH** – Take her to her favorite restaurant, or host brunch at home and invite some of her girlfriends.
4. **BEDAZZLE MOM** – A simple bracelet, necklace, or earrings can be an elegant touch...or get lavish and go in on a gift with siblings.
5. **GET CRAFTY** – Making something yourself can be more valuable than anything you can buy. Moms cherish photo collages, poems, decorative ornaments and other homemade crafts.
6. **REMINISCE** – Gather family and friends to share memorable stories and help keep memories alive.
7. **BREAKFAST IN BED** – Breakfast in bed is always a surprising and thoughtful gesture and she won't have to get out of bed to enjoy this thanks.
8. **HELP OUT** – Take a load off mom by helping out with chores (clean your room, take the garbage out, do the laundry, walk the dog, do your homework, etc.)
9. **JET SET** – Plan a relaxing vacation or getaway with mom's family, friends, or both. Travel to her favorite spot or ask her to choose someplace new.
10. **SHARE THE LOVE** – Take a moment to give mom a hug or kiss to show her that you love her.



## MAINTENANCE TIPS FOR MAY

- Clean and seal countertop grout
- Check for winter weather damage
- Check exterior paint and caulking
- Check wrought iron

## Planning for Energy Conservation

When planning a project for your home, be sure to consider energy efficiency. An energy-efficient home or building costs less to heat or cool, is quieter and more comfortable, and will sell faster and at a higher price.

California law requires new and remodeled buildings to meet or exceed certain energy efficiency standards. Aiming for optimal energy efficiency can have significant financial benefits, such as:

- 💡 Rebates or low-interest loans from utility companies
- 💡 Rebates from the manufacturers of energy-efficient products and appliances
- 💡 Energy-efficient mortgages and other advantageous financial incentives from lending institutions

Additional information on California's energy efficiency standards is available from the California Energy Commission at (800) 555-7794 or by visiting [www.energy.ca.gov](http://www.energy.ca.gov).

## An Orange a Day Can Keep the Wrinkles Away?!

It's not just for the common cold anymore... vitamin C is the anti-wrinkle super food! Our skin reflects what we eat and, applied topically, vitamin C serums and lotions can also benefit the epidermis. First, vitamin C dramatically increases the synthesis of collagen, a key structural protein for the skin. Second, vitamin C is an antioxidant and can help reduce skin damage caused by free radicals. When vitamin C is properly delivered into skin cells, there is a good chance it will reduce wrinkles and improve skin texture. You can say this superior antioxidant "lightens, tightens and brightens."

There is increasing evidence that vitamin C shields the skin from the sun's burning rays. A lifestyle of organic fruits and vegetables containing high vitamin C content combined with a morning skin care routine that contains vitamin C serum will dramatically change your skin and reverse sun damage while slowing the aging process.

Make sure you look for a quality, stabilized vitamin C. My favorite is a serum from the Spa Gregorie's Signature Line. This vitamin C serum is a light, oil-free gel that has a wealth of skin-friendly ingredients. The addition of salicylic acid in this serum addresses clogged pores and impurities helping to exfoliate, promote elastin and collagen and brighten the skin. Some vitamin C can dry or irritate skin. Spa Gregorie's vitamin C is aloe vera based and contains squalene and jojoba, which helps soften and nourish the skin. Your skin will feel firmer, hydrated and have a brighter clarity within two weeks.

The aging process is not set in stone. Let's keep our systems in the best shape possible for the long haul. Inside and out, vitamin C is the anti-wrinkle super food.

*This article was submitted by Sophia Parmenter, a licensed aesthetician on staff at Spa Gregorie's. To learn more, visit [www.spagregories.com](http://www.spagregories.com).*



## Spring Planting

There is still time to begin those gardening tasks that will help make summer relatively maintenance-free and water-wise. It is not too late to try these tips:

- 🌸 Accurate water delivery is crucial to plant health. Check your irrigation system for accurate coverage and your garden hoses for holes or leaky fittings.
- 🌸 Cultivate your shrubs and flower beds, followed by fertilization and liberal mulching. Soil maintenance will keep the soil permeable, and the leaching of salts will allow the fertilizer to get to the plant's roots. Mulch will contribute substantially to moisture retention and can reduce water use by as much as 50%.
- 🌸 There is still time to introduce plants. Provided the plant material is well rooted and handled carefully, it will acclimate to the forthcoming summer sun and heat.

## Ten Ways to Say "Thank You" to Dad

He's always been there for you... your biggest fan cheering you on, your protector scaring away monsters in the dark, and the silent presence letting you know you can do anything you set your mind to. On Father's Day, return the favor and say, "Thanks Dad!"

To help you along, your friends at Spa Gregorie's have compiled a list of 10 ways to show your gratitude this Father's Day... or any day.

1. **KEEP IT SIMPLE** – Give thanks with dad's favorite dessert, cooking utensils, tools, coffee mug, shaving set or thoughtful card.
2. **DE-STRESS DAD** – Schedule a massage at the Spa (with or without a family member) or get him a gift certificate so he can indulge at his leisure.
3. **DINE OUT** – Take him to his favorite restaurant or enjoy family time and host a BBQ or brunch at home.
4. **STYLE DAD** – A new tie, shirt, socks, or watch can be a relief for non-shopping dads... or get sophisticated and go in on an upscale gift with siblings.
5. **GET CRAFTY** – Making something yourself can be more valuable than anything you can buy. Dads cherish photo collages, a compilation of favorite tunes, drawings and other homemade gifts from the heart.
6. **REMINISCE** – Gather family and friends to share memorable stories, as well as photos, and help keep memories alive.
7. **BREAKFAST IN BED** – Breakfast in bed is always a surprising and thoughtful gesture and he will not have to get out of bed to enjoy this thanks.
8. **HELP OUT** – Take a load off dad by helping out with chores and home maintenance (mow the lawn, take out the garbage, clean out the garage, wash the car, etc.).
9. **GET TICKETS** – Schedule an afternoon to play one of dad's favorite sports, or get tickets for a sporting event or concert with family and friends.
10. **GIVE HUGS** – Take a moment to give dad a hug and kiss to show him what he means to you.

*Spa Gregorie's is a name synonymous with relaxation, tranquility and quality service offering a broad range of skin and body care that enhance wellbeing through treatments that nourish, heal and balance. Visit [www.spagregories.com](http://www.spagregories.com).*



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## Bulb Gardening Tips

There is still time to grow a bulb garden. Here are a few tips for late-season success in bulb gardening:

- Plant daffodils, gladiolas and other late-season bulbs; check with your nursery for other varieties.
- Use controlled soil; planting in a planter or large pot makes the task of winterizing the bulbs easier; and provides greater effectiveness of fertilizers.
- Keep soil moist, but not saturated. Bulbs will flower in 30 to 60 days.
- Allow the spent flower to remain until the stalk starts to turn brown; this is a sign that the seeds have dropped.

When the garden becomes dormant, dust the bulbs you have dug up with a fungicide and store in a cool dark place in a paper bag. Plastic bags trap moisture and should not be used.

### Important Contact Information

#### Account Executive

Rachel Pinney  
(858) 657-2169  
rpinney@meritpm.com

#### Maintenance Coordinator

Anastasia Lujan  
(858) 657-2167

#### Assessment Questions

(800) 428-5588

#### MERIT Property Management, Inc.

6256 Greenwich Dr., Suite 130  
San Diego, CA 92122  
Fax: (858) 535-3838  
www.meritpm.com

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