

Spa Gregorie's

Premier Spas and Salons

Newport Beach • 200 Newport Center Dr, Suite 100, Newport Beach, CA 92660 • 949-644-6672
Rancho Santa Margarita • 22342 El Paseo Dr, Suite F, Rancho Santa Margarita, CA 92688 • 949-858-9455
Del Mar • 2710 Via De La Valle, Ste. B-270, Del Mar, CA 92014 • 858-481-6672

Monday 11am - 9pm, Tuesday - Sunday 9am - 9pm

More than ever, well-being has become a priority in our lives. A healthy balance of body, mind, and spirit - a concerted focus on whole-body harmony and health. At Spa Gregorie's, we bring a new center for refined well-being.

Spa Gregorie's is an oasis, a unique retreat for men and women to escape the rigors of daily stress and to replenish the body and soul. We offer a broad and advanced range of skin and body treatments to enhance your health. Treatments which nourish, heal, and bal-

ance. Our goal is to provide improvement not only in your body, but also your psyche, your attitude, and in the way you feel about taking care of yourself.

The team at Spa Gregorie's is committed to our clients' well-being. We are motivated, trained, and passionate about providing positive change in our clients' lives. Our approach to skin and body care is focused on pure extracts from nature plus modern technologies to work their small miracles. Our staff has extensive training on effective approaches to well-being and we hope to

improve your life just a little through our therapies.

We offer you luxurious amenities and surroundings as an incentive for taking care of yourself. Warm, European décor, luxurious robes, a quiet room with a stone fountain, eucalyptus steam rooms, and other amenities are here to envelop your senses in Spa Gregorie's luxury. We look forward to becoming a part of your wellness regimen and welcome the opportunity to serve you.

S P A M A S S A G E S

Massage has confirmed therapeutic values beyond the relief it provides sore muscles. Massage has been proven to improve circulation, strengthen connective tissues, improve mental alertness, strengthen the immune system, promote more restful sleep, and more. Our professional staff is expert in their craft and many have advanced certifications in specialized techniques. All are committed to making your Spa Gregorie's massage deeply relaxing, therapeutic, and comfortable.

Swedish, Deep Tissue or Sports Massage
30 minutes \$55, 60 minutes \$95, 75 minutes \$125

Reflexology & Scalp/Neck/Shoulders

A Massage that encourages the body to naturally balance and correct itself through reflexology and traditional massage. 30 minutes \$55, 60 minutes \$95

Soothing Stones

Unique therapy incorporates the use of warm smooth stones. Relaxing and relieving massage to melt the stress out of your muscles. 75 minutes \$145

Lymphatic Drainage Massage

Swedish Massage with the lymphatic drainage "feather-touch" technique. Treatment includes a potent detoxifying bath to use at home. 90 minutes \$160

Yogassage

Thai Massage therapy combines yoga-like stretches with Massage to stretch, knead, and twist. Bring or wear loose, stretch clothing for this massage. 75 minutes \$130

Accussage

For some serious healing therapy, try our combination service of Acupuncture and massage. This 75-minute service is unparalleled for injury rehabilitation, Stress relief, and total relaxation. 75 minutes, \$140

Fassage

A Massage and a Facial combined into one treatment... Heaven! 90 minutes \$160

Couples Massage

Spa together - two can enjoy an hour massage at the same time. Our Del Mar couple's suite is great for spouses, best friends, boyfriends and girlfriends, and moms and daughters! 60 Minutes \$190 per couple

Oncology Massage

For each guest positioning, pressure or site considerations customized to address individual needs. If you are in, or have a history of, cancer treatment please request an oncology trained therapist. 60 minutes \$95, 90 minutes \$145

S I G N A T U R E L I N E

Spa Gregorie's Signature Line featuring right-priced top-of-the-line skincare and body products, and soy-based candles. Popular skincare choices include: Vitamin C Serum, Bio-Peptide Concentrate, Instant Eye Makeup Dissolving Fluid, Tinted Moisturizer, Smooth Surface Instant Line Filler, Lip Remodeling Treatment, and more. Popular body care choices include: Avocado Q10 Body Lotion, Panthenol & White Tea Body Polish, Stimulating Sea Salt Scrub, and more. Signature Soy Candles are available in various elegant fragrances, have a cotton wick and burn for 30-40 hours.

M O T H E R - T O - B E

YOU'RE PREGNANT!

Now is the time for you to take special care of yourself. The next nine months are going to be a time of preparation and growth so take advantage of our therapeutic treatments to help you look and feel your best.

Maternity Massage

Therapists trained in maternity massage techniques relax and relieve the aches and pains experienced by expectant mothers. 60 minutes \$100

PreNatal Facial

Addresses the hormonal changes that naturally accompany pregnancy: breakouts or sensitivity, unusual reactions and blotchiness. 60 minutes \$100

Spa Pure Sauna Body Mask

This warm body mask provides super hydration necessary to prepare your skin for the changes it is about to encounter. The full body treatment begins with a body polish and includes massage as part of product application. Leaves skin baby-soft! 75 minutes \$140

Mother-to-Be Signature Pedicure

A detailed pedicure, cooling masque, circulation-enhancing Massage, and cooling leg gel. 75 minutes \$70

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B O D Y W R A P S & P O L I S H E S

WRAPS ARE AN EXCELLENT

treatment for detoxifying, rehydrating, and for spot firming and toning. We offer the finest in the world at Spa Gregorie's. Our body polishes make the skin glow with youthful radiance and shine and leave skin baby-soft and extra receptive to other treatments.

Detoxifying/Slimming/Toning

Detox Seaweed Wrap

Refining algae wrap with a full body exfoliation, relaxing back massage, and warm seaweed mask. \$140

The Ultimate Shrink Wrap

Reduce the appearance of cellulite and rid inches off the body. \$145

Endermologie™ Cellulite Treatment

Re-contour your figure, improve circulation, detoxify your cells and improve collagen production. 45 Minutes \$95. (Series of 3 \$260) or (Series of 10 \$855) Contraindicated to High Blood Pressure.

Exfoliating/Hydrating

Aloha Body Polish

Features Epicuren papaya enzymes to exfoliate and pineapple body lotion to super-hydrate the skin. 45 minutes \$95

Hydraquench Body Treatment

Full-body exfoliation, luxurious hydrating mask. Includes scalp and neck massage and an application of body moisturizer. \$145

H Y D R O T H E R A P Y

THIS IS NO ORDINARY WHIRLPOOL BATH!

Our state-of-the-art Hydrotherapy tub sports hundreds of air and multi-speed water jets to provide underwater massage and body therapies. "Take the waters" to destress, soothe sore muscles, or detoxify your system. Remember to bring an old bathing suit to wear in the tub! Only in Newport Beach and Del Mar.

Herbal Aromatherapy

Herbs and essential oils to calm, invigorate, or heal, with a scalp massage while you soak. 20 minutes \$60

Detoxifying Thalassotherapy

A spirulina-rich bath from algae harvested off the coast of France. Restores the body's natural balance, well-being and includes a therapeutic scalp massage. 20 minutes \$60

Milk and Honey Bath

Milk and honey bath exfoliates and hydrates your skin. 20 minutes \$60

Express Hydro

Hydrotherapy is an ideal companion to massage and body treatments. The soothing jets will relax the muscles, while opening the pores and detoxifying the skin. 15 minutes \$30

F A C I A L S

It is possible to have clearer, healthier skin, and to reduce the signs of aging!

Our collection of world-class facial treatments combine the finest natural ingredients with proven techniques to help you put your best face forward!

Sensitive Skin

Reduce the appearance of broken capillaries, soothe, calm and soften even the most sensitive, irritated skin. 75 minutes \$110

Dry Skin

Essential oils relieve uncomfortable tautness. restores and maintains the skin's moisture levels. 75 minutes \$110

Classic Facial

A basic regimen for healthy skin. 60 minutes \$100

Purifying & Deep Cleaning

For any skin. This treatment frees blocked pores, balances sebum production, and reduces breakouts. 75 minutes \$110

Teen Clean

Help promote healthy skin and positive skincare habits with this therapeutic treatment designed especially for youthful skins. An excellent confidence booster - better when booked as a series. 45 minutes \$75 (Series of 6 \$405)

Arcona Organic Enzyme Peel

Experience this amazing enzyme rejuvenation treatment sought out by the stars and is also great for brides. 50 minutes \$110. (Series of 6 \$594)

Rejuvenation Deluxe by Arcona

Incorporates Arcona's Signature Enzyme Peel, a Firming & Toning Lift Mask, Vitamin B Treatment, special Hydrating Mask, and Firming Skin Treatment. 90 minutes \$155

Epicuren Facial

Hot cinnamon peel and two enzyme masques that maximize the skin's elasticity and leaves skin glowing. 75 minutes \$135

Epicurabrasion

Supercharged combination of Microdermabrasion & the famous Epicuren enzyme mask. 75 minutes \$175

Acne Facial by Epicuren

Acne-fighting treatment that is gentle and healing, includes an anti-inflammatory masque. 60 minutes \$95

Spa Gregorie's Ultimate Signature Facial

Microderm exfoliation, Botanical Peptides, firming Lip Treatment, collagen stimulating Eye Treatment, an Antioxidant mask of Acai, Gogi Berry, Noni, and Pomegranate, Instant Line Filler and a finish of Tinted Moisturizer with sunscreen. A soothing hand and foot massage adds to the complete rejuvenation. Top off this

Ultimate Facial and increase results with NuFACE, a cutting-edge boost of micro currents to instantly tone & lift the facial muscles. 75 minutes without NuFACE Lift \$115 • 90 minutes with NuFACE Lift \$145

Microdermabrasion

Eradicate the ravages of time with this cosmetic skin resurfacing system.

Face only\$140
Series of 3 face treatments\$380
Series of 6 face treatments\$700
Face, neck & decollete\$195
Series of 3 face, neck & decollete\$525
Series of 6 face, neck & decollete\$1053

Spa Gregorie's Exclusives

About Face Facial

A back facial and a luxurious classic facial all in one! Includes extractions, skin analysis, and facial mask in addition to a hand and foot massage! 90 minutes \$165 (a \$190 value!)

LED - Lovelier Every Day Facial

State of the art LED (light-emitting diodes) technology is combined with customized cocktail facial remedies for three facial combinations: firming/anti-aging, sensitive skin, and brightening. Best as a series. 45 Minutes \$125 (Series of 6 \$675)

B O O S T E R T R E A T M E N T S

Arcona Eye Treatment

See fine lines and crow's feet literally disappear from the eye area! May be booked as an add-on to Arcona organic enzyme peel or Rejuvenation Deluxe ONLY. \$25

Arcona Enzyme Peel

As an add on to any Signature, Classic Facial or Fassage \$12

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TANNING

Get an evenly applied, natural looking tan that is safe, non-toxic, dries instantly, fades naturally, and does not stain clothes.

Without exposing your skin to the sun's harmful rays, get the perfect celebrity tan all year long at Spa Gregorie's.

Spray Tanning Services: (Tans fully develop in 4-8 hours)

Full Body Spray Tan \$45
 Half Body Spray Tan \$23
 Add a Shimmer Layer or Instant Bronze to your tan.
 Additional \$10 to any tan

First time tanning with Spa Gregorie's? Get your 1st Full Body Tan for only \$25

Best Deal
 3 full body tans for \$99 (\$135 value)
 3 full body tans plus an Instant Bronze or Shimmer add on for \$129 (\$165 value) (The 3 tan series are non-transferable and must be used in 60 days)

Tanning Packages:

Sandals and a Suntan
 Enjoy Spa Gregorie's Lavender & Sea Salts Pedicure, then finish off with a full body spray tan to get the ultimate beach-ready look. \$85 (\$95 value) *RSM Charges \$5 additional for Bedicure

Buff & Bronze
 Starting with the Bora Bora Body Scrub using a tropical citrus body polish, we exfoliate and leave your skin smooth and ready to soak up the tan. Your tan will look the best and last the longest. \$95 (\$105 value)

Deluxe Buff & Bronze
 Everything that is great about the Bora Bora Body Scrub, plus this time we will wash away all the dead skin and exfoliant with a unique water experience.* \$108 (\$120 value) *Offered at our Newport Beach and Del Mar locations only. Water experience can include a Vichy shower, Swiss Shower or Steam Capsule depending on location.

The Jetsetter

Three of our favorite services to look your best for the office, the beach, or the weekend: Tough as Nails gel manicure initial application, the Lavender & Sea Salts Pedicure, and a full body spray tan. \$135 (\$150 value) *RSM Charges \$5 additional for Bedicure

The Jetsetter Returns

Back for more? Enjoy the Jetsetter Package with gel nails removal and re-apply, plus the Lavender & Sea Salts Pedicure, and a full body spray tan. \$141 (\$160 value) *RSM Charges \$5 additional for Bedicure

THREADING

Threading is a great option for clients with sensitive skin. Our skilled aesthetician uses wound cotton thread to remove hair at the follicle level, which means little skin irritation and can result in slower hair growth! Only in Rancho Santa Margarita

Brows from \$25
 Lip from \$15
 Full Face (Includes brow shaping) from \$55

Chin from \$15
 Half Face from \$35
 Lip and Brow from \$35
 Lip and Chin from \$18

HAIR REMOVAL

ELECTROLYSIS - BANISH UNWANTED HAIR permanently through our professional electrolysis treatments. Our gentle techniques and special Spa Gregorie's touches ensure you the

maximum comfort as we remove your unwanted hairs. And our use of disposable probes assure you the utmost in sanitary discipline. Come in and find out why our staff is recommended by more Doctors and Dermatologists in Newport Beach.

Initial consultation Complimentary
 15 minutes from \$33
 30 minutes from \$48
 45 minutes from \$60
 60 minutes from \$70

WAXING

SAY GOODBYE TO THOSE TWEEZERS, razors, and unwanted hair. Our skilled aestheticians use superior waxing products and techniques to provide perfectly shaped brows, and silky smooth skin. Our new leg and arm wax even has a growth inhibitor so you won't have to wax as often!

Full Leg from \$70
 Half Leg from \$40

Full Leg w/Bikini from \$100
 Bikini from \$35
 Full Face from \$40
 (Does not include eyebrow shaping)
 Half Face from \$20
 Brows from \$25
 Upper Lip \$12
 Lip & Chin \$18
 Lip & Brow \$35
 Brazilian from \$65

Underarm from \$15
 Full Arms from \$50
 Half Arms from \$35
 Full Back from \$55
 Half Back from \$35
 Chest from \$55
 Stomach from \$50
 Brows from \$25
 Ears from \$15
 Nose wax from \$30

LUXE LASHES

Party Lashes

Bat butterfly lashes at your next big event, party or photo op. These glamorous betties take only 15-20 minutes to apply and are great even if they're just for fun! \$45

Lash Extensions

For longer-lasting, drop-dead sexy full lashes. These glamorous lashes stay full for three to four weeks or more! \$225 Initial set \$75 follow up/fill

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P E R M A N E N T M A K E U P

*I*MAGINE HAVING PERFECTLY designed eyebrows, gorgeously defined eyes and sensual looking lips lasting not for a day but for several years...

This procedure allows busy people to look their best at all times, enhancing the beauty of those who desire more than what Mother Nature gave them.

Permanent Makeup even camouflages the scars from accidents, burns or surgery by restoring the natural skin coloring ultimately improving one's self-image and self-esteem.

Initial consultation Complimentary
 Smudge-free eyeliner:
 Upper or lower from \$300
 Upper and lower from \$400
 Beautiful Brows from \$325
 Lash Enhancement from \$395
 Luscious Lips from \$400
 Beauty Mark from \$100

M A N I C U R E A N D P E D I C U R E

A hand or foot treatment at Spa Gregorie's is unlike any other on Earth! Lavender and Sea Salts are used as our basic soak, offering superior exfoliating and moisturizing qualities. A warm radiant neck pillow soothes the neck and shoulders while our expert staff provides an unforgettable natural nail manicure and/or pedicure.

Spa Signature Pedicure

Soak and exfoliation, paraffin dip, massage, moisturizer, polish and finish with toning. 75 minutes \$60

Spa Signature Manicure

A treat for your hands and arms! We will soak and exfoliate your skin, then apply a masque or dip in paraffin, followed by massage, moisturizer, and polish. An all-natural toning and hydrating treatment for the hands. 60 minutes \$45

Lavender & Sea Salts Manicure

Cleanse and shape your nails, trim the cuticles, massage and finish off with buff or polish. 45 Minutes \$35

The Ultimate Detail Pedicure

Sea salts soak, exfoliation from the tips of your toes to your knees, detail calloused areas, clean and shape the nails, trim the cuticles, triple paraffin dip, then polish and finish off with a dusting of powder. 90 minutes \$85

Lavender & Sea Salts Pedicure

This fabulous pedicure begins in a tub and continues with exfoliation of dead skin, nail shaping, cuticle work, massage, and polish. 60 minutes \$50

Bling It On

Add up to 500 Shimmering Swarovski® crystals to embellish your pedicure. Complimentary consultation included. 60 minutes from \$150

Dr. Roth Pedicure

Promoting healthy feet and addressing common nail problems. You'll have beautiful feet you'll want to show off! Initial Visit: \$100 (includes \$40 foot care kit), Subsequent Visits: \$65

Mother to Be Signature Pedicure

Baby your legs and feet to relieve that heavy and tired sensation with a pedicure, cooling masque, circulation-enhancing massage, and cooling leg gel. 75 minutes \$70

Nail Service Add Ons

Polish Change \$15
 French Manicure or Pedicure \$8 additional
 Nail Repair \$.5 per nail
 Paraffin Dip \$10
 Soothing Soles Ultimate Foot Repair \$20
 Gehwol Medical Grade and Therapeutic \$15

Gel Nails

Initial Application, 75 minutes \$55
 Soak off and Reapplication, 90 minutes \$65
 Soak off & Lavender & Sea Salts Manicure, 75 minutes .. \$45
 Soak off Only, 15 minutes \$15
 French Finish, 15 minutes \$10

S A L O N G R E G O R I E S A T R S M & D E L M A R

Hair Cuts & Styling

Women from \$70
 Men from \$45
 Children from \$25
 (12 years and under)
 Up-dos from \$75
 Shampoo & Blow-dry from \$45
 Bridal Up-dos from \$95

Conditioning Treatments

L'Oreal Power Dose Deep
 Conditioning Treatment \$20
 Kérastase K-Treatment from \$25

Color & Texture

There is no end to the ways the perfect color will enhance your personal style, strengthen your features, and compliment your skin tone. Our technicians will use the latest color techniques to create a look best suited to you.

Full Color (root to end) from \$85
 Re-growth from \$65
 Full Weave from \$100
 Partial Weave from \$85
 Corrective Color from \$100
 Permanent Wave from \$80
 Relaxer from \$75
 Accenting from \$45

Makeup

Consultation and Application \$55
 Makeup Lesson \$75
 Bridal Makeup Trial \$75
 Bridal Makeup \$95
 Touch-up \$15
 (With salon or spa service)
 Luxe Lashes Initial Visit \$225
 (Lasts between 3-4 weeks)
 Luxe Lashes Follow-up Visit \$75
 Lash Tint \$30
 Brow Tint \$20
 Party Lashes \$45

Personal Hair Care Products

Spa Gregorie's salons offers a full selection of professional hair care products including:
 • Keratase • L'Oreal Professional • Moroccan Oil

W E L L N E S S

Acupuncture

Acupuncture is a centuries-old, proven therapy used to combat pain and other ailments by balancing the body's Qi ("Chi" Energy) 60 minutes \$95

Accusage

Combination of Acupuncture and Massage for injury rehabilitation, stress relief, and relaxation.
 75 minutes \$140

*S*pa Gregorie's is committed to promoting a healthy lifestyle for all of our clients. We do this not only through our award-winning traditional spa services, but also Acupuncture services and packages, healthy activities, informative seminars and more.

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S P A S I G N A T U R E P A C K A G E S

Our treatment packages allow you to obtain the maximum benefit of Spa Gregorie's therapy through tailored programs which enhance effectiveness via combined treatments. Packages can be arranged to work around your schedule and are favorably priced relative to individual treatments. The optimum way to enjoy the benefits of Spa Gregorie's therapies.

Gregorie's Great Escape

Steam room, Aloha Body Polish, Hydrotherapy, Detox Seaweed Wrap, 1 hour Massage, Signature Facial, Spa Pedicure, Paraffin Treatment, Hairstyle, Makeup, & Spa cuisine lunch.* \$579

Gregorie's Petite Escape

Hydrotherapy, 1 hour Massage, Signature Facial, Manicure, Pedicure, and Spa cuisine lunch.* \$325

Ancient Royal Bathing Ritual

Milk & Honey Hydrotherapy, One Hour Massage. \$139

Aloha Paradise!

Aloha Body Polish and 1 hour Warm Coconut Oil Massage \$179

Mother/Daughter/Friends Spa Day

2 Signature Facials, 2 Lavender & Sea Salts Manicures, and 2 Lavender and Sea Salts Pedicures. \$349

Sticks and Stones

Soothing Stones massage and a voucher for \$25 off a round of golf at a local golf course. \$155

Magnificent Mom Package

Prenatal Facial, Maternity Massage, Spa Pure Body Mask, Mother to Be Pedicure, plus Lunch. \$379

Spa/Salon Sampler

Hydrotherapy*, Express Facial, 30 Minute Massage and Women's Blow-dry. \$170 (In Newport Beach you'll get hydrotherapy, In RSM you'll get a blowdry, in Del Mar you can choose from either of the two.)

Take Three

A Signature Facial, Lavender and Sea Salts Manicure and Pedicure. \$175

Spa Date (for two)

One hour Massage or Classic Facial per person, plus a \$15 to \$50 dining voucher for a variety of great local restaurants. Only \$185

Really Spoiled Mom Package

Epicurabrasion, 1 hour Massage, and then indulge with a Salon Shampoo, Kerastase Intensive Reconstructive Treatment and Blow Dry. \$305

Gentleman's Retreat

Designed especially for our male clientele and their unique physical needs. Includes: Eucalyptus Steam Bath, Invigorating Hydrotherapy, One Hour Massage of your choice, Gentleman's Facial, Gentleman's Manicure, and Paraffin hand treatment. \$265

Let's Do Lunch!

For people on the go! 45 minute Facial or Massage and Spa cuisine lunch. \$82

Bachelorette Party

Try a modern alternative to toxic bachelorette rituals- Invite your friends to celebrate at the spa! Receive 10% off discount on six or more services. (Discount available Sun-Fri only, not applicable to already discounted services.)

Do-It-Yourself Packages

Treat yourself to a 10% discount on any combination of 6 or more treatments. Great for groups, wedding parties, or a present for yourself! May also be applied to prepaid services. Sorry, group discounts not available on Fridays or Saturdays.

Groups

Spa Gregorie's is the ideal destination for group gatherings, client appreciation, employee recognition, family reunions, or just friendly get-togethers. Contact our group coordinator about special discounts and services available.

*Hydrotherapy Sub at RSM

G E N T L E M A N ' S S E R V I C E S

We love men, men love SG! Packages and services include: The Gentleman's Retreat, Gentleman's Facial, Gentleman's Manicure, Barbershop Hot Shave, and Waxing Services.

Gentleman's Retreat

Designed especially for our male clientele and their unique physical needs. Includes: Eucalyptus Steam Bath, Invigorating Hydrotherapy, One Hour Massage of your choice, Gentleman's Facial, Gentleman's Manicure, and Paraffin hand treatment. \$265 (a \$290 value!)

Royal Shave

Starting with a skin analysis and consultation, we'll steam, cleanse, and apply hot towels to open up your pores. Using a straight razor and Epicuren shaving cream you'll receive the closest shave followed by a hydrating facial massage. Finish up with an ultra relaxing neck and shoulder massage and leave feeling like a King. 60 minutes \$55

Gentleman's Facial

Fellas - Put your best face forward following this facial regimen designed just for you. We will clean, exfoliate, purify, and rehydrate your face and neck and provide some stress-relieving massage to scalp, face, neck, and shoulders. 60 Minutes \$100

Straight Edge Razor Shave

Starting with a skin analysis and consultation, we'll cleanse, and apply hot towels to open up your pores. Using a straight razor and Epicuren shaving cream you'll receive smooth skin followed by a hydrating facial massage. Finish up with a relaxing neck and shoulder massage and leave feeling relaxed and refreshed. 45 minutes \$40

Gentleman's Manicure

A well manicured man is certainly a symbol of success. Our Gentleman's Manicure communicates your sense of refinement and is the quintessence of superb grooming. 45 minutes \$30

G I F T C E R T I F I C A T E S

Spa Gregorie's Gift Certificates are as beautiful to give as they are to receive. Gift certificates are available for any treatment(s) or dollar amount. Purchase by phone, at Spa Gregorie's, or online. Gift Certificates are valid for services or products only and must be present in order to redeem them.

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*A*t Spa Gregorie's, your satisfaction and comfort is our top priority. We will make every effort to provide you with a caliber of treatment and personal service that is unparalleled. If you have any questions, or suggestions, please speak up! The following are some guidelines that we hope will help enhance your visit with us.

Booking spa appointments: Peak hours are often late afternoons and weekends (especially Saturdays), so book as far in advance as possible in order to ensure getting the particular time, day, and therapist you want. It's easiest to accommodate you during off-peak hours, which are often in the mornings and mid-week. If you will be attending the spa with a gift certificate, it is a good idea to mention it so that the spa can advise you of any policy that may affect its use.

What to wear during treatment: When you arrive at the Spa, you will be given a locker key, a luxurious robe, and a pair of slippers for your use while visiting the Spa. If you are having a treatment for the first time, feel free to ask the Spa Coordinator how you should be dressed for treatment. If you are having a hydrotherapy treatment, you may wish to bring a bathing suit, or use one of ours. If you are having a Thai Massage, please wear loose, stretch clothing. Again, we want to make sure that you are comfortable, so please let us know if you have questions.

Modesty Issues: It is never required that you are unclothed in front of anyone at our day spa. There are several places you can change. Towels and robes are provided and can keep you continually covered. Therapists are well trained in the "art of draping" which means that they leave the treatment room while you get under the sheet on the massage table, and they keep you covered at all times except for the area of the body they are massaging. They also leave the treatment room before you get up from the table.

Jewelry: If possible, leave your jewelry at home as you will not need it for your day spa visit. If however, you have brought valuables, make certain that they are securely locked in your locker. If you choose instead to take them with you to your treatment, be mindful of not leaving them behind.

Pregnancy or Medical conditions: Be sure to mention any medical information when you book an appointment. Certain treatments may not be advisable for you. Also, before your treatment begins, let your therapist or esthetician know of any medical concerns. Tell the technician if you're wearing contact lenses before you have a facial.

Sun and spa going: Try to avoid the sun on the day of treatment and, in some cases, the day after. And always wear sun protection!

When to arrive and when to leave: As a Spa patron, you are welcome to stay at the Spa as long as you would like. Enjoy the quiet room, take a steam bath, linger to your heart's desire... just make sure to allow enough time before and after your treatment to change clothes and enjoy any of our amenities. If this is your first visit, please arrive 30 minutes prior to your treatment so that

we can get you checked in and familiar with Spa Gregorie's. In order to remain on schedule for all our clients, we may shorten your treatment time if you are late for your appointment. The normal fee for treatment will remain the same.

Shower Fresh: To protect your health and to allow our products to do their best for you, we recommend that you take a moment to shower before your treatment.

Male and Female therapists are available. Please let our Spa Coordinators know of any preferences you may have when you book your appointment.

You don't have to communicate with your therapist. In the Spa, silence can be golden and provide a relaxing and meditative atmosphere. If you feel like chatting, we'll chat. But if you want to escape in silence, we wholeheartedly support you!

Cell phones: Because the day spa environment is supposed to be a tranquil and stress-reducing experience, it's best to leave cell phones and pagers at home or turn them off before entering the day spa.

Gratuities: Your Spa treatment fee does not include gratuities. Between 15 and 20 percent for each person who gave you a service is customary, but you may of course leave more or less, depending on the quality of the service. It's easiest to leave the tip at the reception desk when you pay your bill rather than giving it directly to the therapist. We provide small tipping envelopes at the front desk or you can add gratuity onto your credit card or personal check.

Valet Parking: Valet Parking is available at Newport Beach only for your convenience.

Cancellations: All will agree, time is our most valuable asset. Please provide at least 24 hours notice if you need to reschedule or cancel a treatment. This gives the day spa enough time to fill the slot. The spa needs to pay its therapists even if a client doesn't show up. "No shows" and late cancellations will be charged in full for the treatment scheduled.

Returned Checks: If a check is refused by the bank, we will assess a \$25 service charge.

Product Returns or Exchanges: We will gladly accept any retail product return for store credit so long as the return is within 60 days of purchase and is accompanied with proof of purchase.

Groups: Spa Gregorie's specializes in group functions, whether they are business-related, wedding parties, family reunions, or just friends. Ask to speak to our group coordinator for more information.

Children: To maintain our serene atmosphere, we ask that you not bring children to the Spa. We do, however allow children to enjoy certain facial and nail treatments under the following guidelines: Children under 16 must be accompanied by an adult and all children under the age of 18 must have an adult sign their initial consultation form. Children under the age of 18 are not permitted to have any body treatments or massages. Unfortunately no children under the age of 13 are permitted in the spa.

This is a professional Spa establishment: Our trained therapists and esthetician are here solely to help improve your health, body and psyche. If a therapist ever feels that a client is behaving inappropriately, they are authorized to stop the treatment immediately.

Thank You Club: Our Thank you club rewards regular clients with many benefits - ask our Spa Coordinators for details and sign up now!

Express Checkout: Simplify your checkout using our Express Checkout service! We will store your payment preference information in your file so you can breeze out the door in blissful abandon. Ask one of our Spa Coordinators for more info.

Gift Certificates

Spa Gregorie's Gift Certificates are as beautiful to give as they are to receive. Gift Certificates are available for any treatment(s) or in any dollar amount. Spa gift certificates are valid for Spa services or products only (Salon gift certificates may be purchased separately). Purchase by phone, at Spa, or online.

Instant Gift Certificates

In a hurry? Need a last minute gift? Spa Gregorie's now has an instant gift certificate option. Rather than picking up your gift certificate or our mailing it to you, you can either print out or email gift certificates in several beautiful designs for instant gratification. Give it a try at: <http://spagregories.com/gc/gc.html>.

Spa Gregorie's Hours

Monday 11am-9pm
Tuesday-Sunday 9am-9pm

Locations

Newport Beach
200 Newport Center Dr., Ste. 100
Newport Beach, CA 92660
(949) 644-6672

Rancho Santa Margarita
22342 El Paseo, Ste. F
Rancho Santa Margarita, CA 92688
(949) 858-9455

Del Mar
2710 Via De La Valle, Ste. B-270
Del Mar, CA 92014
(858) 481-6672

Prices are subject to change without notice.
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